

BURGERS & WRAPS

GLUTEN FREE OPTIONS

Choose any option below as a burger or wrap

Tortilla wrap.....£5.75

Brioche bun.....£6.00

Cajun smokey spiced tofu (VG)

slaw, chipotle mayo, gem lettuce, cucumber salad

Mediterranean grilled halloumi (V)

olives, houmous, tomato and rocket

Tortilla wrap.....£6.25

Brioche bun.....£6.50

Peri peri chicken

fire roasted peppers, slaw, gem lettuce

Extras
available
from 99p



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HOT BOXES

GLUTEN FREE OPTIONS

Chickpea & spinach dhaba curry (vg)

pilau brown rice, mango chutney, naan bread,
poppadoms, toasted coconut.....

£6.90

Smoked chipotle mixed beans (v)

rice, homemade nachos, soured cream, guacamole.....

£6.90

Peri peri chargrilled chicken

braised brown rice, cucumber salad, coleslaw

£7.20

Katsu chargrilled chicken

braised brown rice, spring onion, pickles, toasted seeds ...

£7.20

Mexican chicken tinga

rice, homemade nachos, soured cream, guacamole.....

£7.20

Extras
available
from 99p



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SALADS & PIZZA

GLUTEN FREE OPTIONS

SALADS

Freshly made using locally sourced ingredients

Nourish bowl (VG)

quinoa & brown rice, pickled cabbage, tenderstem broccoli, edamame beans, kimchi, pickles, rocket **£6.50**

Greek salad (V)

feta cheese, halloumi, olives, hummous, toasted pitta, garlic tzatziki **£6.50**

Chicken caesar salad

chargrilled chicken, gem lettuce, croutons, parmesan, caesar dressing **£6.95**

PIZZA

Fresh dough base with tomato passata and mozzarella cheese

Margherita vegan (VG).....£6.95

Vegan feast (VG)
artichokes, peppers, courgettes **£6.95**

Margherita (V).....£6.95

Vegetable feast (V)
artichokes, peppers, courgettes **£6.95**

Four cheese pizza (V)
mozzarella, cheddar, feta, parmesan **£6.95**

Salami
olive, caper, oregano **£7.35**

BBQ chicken
bacon, sweetcorn **£7.35**

Pepperoni£7.35

